



Elissa Lang

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Enthusiastic, adaptive and client-focused professional seeking a position in massage therapy or esthetics in a high-end, prestigious medical spa environment utilizing my extensive educational, training and hands-on experiences. Ability to manipulate muscles and soft tissue in the treatment of general pain, tired and overworked muscles, stress-related pain and sports injuries. Additional experience in performing facial and body treatments, skin care and waxing services in accordance with spa protocols to diverse types of clientele. Adept in working in fast-paced, patient-focused environments demanding strong technical, interpersonal and time management skills.

EDUCATION

MEDICAL ESTHETICS PROGRAM (9/2010–Present)

College of International Esthetics, CO

Chemical Peels	Anti-aging Treatments	Light Therapy	Micro-Current Treatments
Microdermabrasion	Skin Analysis	Mud Wraps	Salt Glows
Signature European Facials	Galvanic Machine	Cosmetic Laser	Injection Training

MASSAGE THERAPY ~ CERTIFICATE (Honors) (6/1996)

Boulder School of Massage Therapy, CO

Courses included: Kinesthetic and Human Anatomy, Integrated Therapeutic/Orthopedic/Swedish Massage, Physiology I/II

BACHELOR OF SCIENCE ~ PSYCHOLOGY OF HEALTH & HEALING (5/1994) Naropa Institute, Boulder, CO

BACHELOR OF SCIENCE ~ REGISTERED NURSING (3/2010) Boulder School of Nursing

PROFESSIONAL EXPERIENCE

CONSULTANT/MASSAGE THERAPIST		Boulder/Vail, CO	01/1996 - Present
MASSAGE THERAPIST	Lavender Beauty & Medical Spa	Boulder, CO	06/2010 - 08/2010
REGISTERED NURSE	Denver Health Hospital	Boulder, CO	08/2009 - 03/2010
CERTIFIED MASSAGE THERAPIST	Eating Recovery Center	Boulder, CO	06/2009 - 08/2009
MASSAGE THERAPIST	Mountain Club	Boulder, CO	12/2002 - 8/2003
MASSAGE THERAPIST	Club Sports Medicine	Boulder, CO	
MASSAGE THERAPIST	Vail Mountain Spa and Lodge	Boulder, CO	12/2000 - Present
MASSAGE THERAPIST	Grand Wailea Spa	Maui, HI	11/1999 - 12/2000
MASSAGE THERAPIST	Vail Athletic Club Spa	Vail, CO	11/1996 - 04/1999

ADDITIONAL EDUCATION & TRAINING

Soft Tissue Applications for Lower Back Pain, 4-hour seminar (1/1998)

La Stone Therapy, 36-hour class ~ Vail, CO (7/1998)

Ancient Medical Thai Massage ~ Old Medicine Hospital, Chang Mai, Thailand (10/1997)

Ancient Medical Thai Massage ~ Institute of Thai Massage, Chang Mai, Thailand (9/1997)